**From the Ponds to the Hills**

**CHURT WALK**

**Mills & Hills**

**Stony Jump**

From Visitor Centre turn right with Great Pond on left. Skirt edge of car park and continue on path around pond. At road turn left then left again into Pond Lane past frontage of Frensham Pond Hotel and continue along Pond Lane.

**NOT TO SCALE**

Cotton Grass

Despite its name this plant is a sedge. Reaching 60cm tall it can be found on wet heaths and bogs.

Sundew

This curious plant is found on wet heaths and bogs. It has circular leaves covered with sticky red hairs that trap and digest flies and small insects.

Wet Heathland Management

This is one of the rarest habitats and therefore the species of animals and plants found here also tend to be uncommon. The mixture of cross-leaved heath, cotton-grass, and sundew provide an ideal habitat for one of our rarest amphibians the natterjack toad. Management of the heath is necessary to prevent the loss of its rare wildlife. The water levels on the wet heath are monitored regularly to ensure that any changes are recognised and the appropriate management carried out.

**Natterjack Toad**

Barford Mill

After 90m turn right along path between fences and continue up hill. At fork (by firebeater stand) bear left uphill and proceed to top of hill. From top of Stony Jump face Axe Pond and take stepped path down hill past seat. At cross tracks, turn left and continue along track between woodland edge and open common land then through woodland and eventually past properties to Crosswater Lane. Turn right, passing Harolds Hill on left and onto open area. Turn right then immediately left on path up hill and through woodland and then along ridge.

**Crossroad with care and take footpath opposite through gap in hedge and ahead on track across golf course. Cross tarmac road at metal finger post, bear right and follow footpath down hill to cross fairway. Continue uphill along footpath and left with plantation on right and continue downhill past woodland to kissing gate.**

**Turn right along Kitts Lane, as lane bears left uphill, bear right down bridleway past Barford Mill and continue along path for 1km passing pond on right and up to Whitmore Vale Road. Turn left opposite Woodland View and continue on footpath uphill. Go though kissing gate then along path. After passing four benches on the left, turn left uphill to kissing gate and proceed along path between fences, to road.**

**Pass third tumuli on left then turn left (by purple arrow post) taking path downhill towards Great Pond. Cross road with care to bus stop. Bear left then go right between fences. Follow sandy path back to Visitor Centre.**

**After 300m turn right along bridleway, ignore first path on left. Continue ahead until a fork on sunken path. Join drive and follow to road. Continue ahead along road. 30m past junction with Simmondstone Lane, bear right down bridleway. Pass Ivy House on left and continue along track. Cross bridge over stream and continue up path ahead. Join track and follow to road. Turn left down road over bridge.**

**Turn right along road then turn left down Old Barn Lane passing apple orchards on right to Hale House Lane. Turn right down road. At road junction continue ahead. Turn left past Pride of the Valley Hotel.**

**Pass third tumuli on left then turn left (by purple arrow post) taking path downhill towards Great Pond. Cross road with care to bus stop. Bear left then go right between fences. Follow sandy path back to Visitor Centre.**